



## 2020 is Going to be a GREAT year!

As you reflect upon 2019, I hope 4-H is a part of some of your greatest memories and some of your greatest achievements. In the short time I have been in this role, I have already seen and heard many ways Barron County 4-H is great. From clubs participating in community events such as the Rice Lake Holiday Parade, to clubs ringing the bell for the Salvation Army, to volunteers hosting a great Project Discovery Days for our youth. The opportunities 4-H brings to the youth in Barron County is impressive and the skills and lessons learned immeasurable. I know I am looking forward to 2020 and learning more about all of you and the great things you are doing.

You will notice that a lot of this newsletter is dedicated to volunteering and the Junior Leaders. Volunteers are the backbone of 4-H and our youth leaders are the backbone of our future. If you're thinking about being involved and holding back for whatever reason, I encourage you to try something new and maybe even, "show your weird", we're here to support you in any way we can!

Once again, please help me spread the word about how GREAT Barron County 4-H is this year by sending me your pictures or a short message on the great things happening in your clubs and activities! As always, feel free to reach out to me at sara.waldron@wisc.edu or by phone: 715-537-6250.

Sincerely,

Sara Waldron
4-H Program Coordinator
Barron County

What Makes Barron County 4-H GREAT? Let us know! #BC4HISGREAT

## Calling All Jr. Leaders-Let's Do GREAT Things!

Are you a 4-H member (or planning on being a 4-H member) and in grades 8 and above? Then keep reading. The Barron County Junior Leaders will be hosting their next meeting on Sunday, January 26 at 5PM at the Barron County Government Center, room 110. This is the meeting to attend to make decisions about the upcoming year.

If you don't know anyone, that's ok because a lot of people will be in the same boat, and luckily there will be some awesomely-amazing get to know you games and more. Let your voice be heard, meet a great group of people, and make some lifelong friendships (check out the flyer inside for more info).

**CALENDAR VOLUNTEER INFO** 2-4 **VOLUNTEER** 3 TRAINING DATES ARTBEAT 4 **ARCHERY** 5-7 JUNIOR LEADERS **PROJECT DISCOVERY DAYS** LIVESTOCK OUIZ-10 BOWL/SKILLS 4-H DOG PROJECT 10 **EXTENSION EVENT** 4-H ADULT 12 LEADERS ASSOC. **COUNCIL** 

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### **CALENDAR & REMINDERS**

January 2020				
9	Dog Project Kickoff 2020 Meeting (7PM) at Barron County Government Center, Barron (Auditorium)			
13	Volunteer In Preparation Training (VIP) (1PM-3PM) at Barron County Government Center (OR) (6:30-8:30) ONLINE— RSVP Required			
15	Newsletter DEADLINE—submit any information for the Newsletter by today!			
21	Adult Leaders Association Meeting (7PM) Barron County Government Center			
20	ArtBEAT Registration Due			
24	Registration for Raising a Thinking Child Due (Extension Event)			
25	4-H Volunteer Café @ Spooner Ag Research Station at 9:30 AM (Pre-Registration required)			
26	Junior Leaders meeting (5:00 PM) Barron County Government Center, Barron, Rm. 110			
29	Junior Livestock Committee Meeting at 7PM at Barron High School IMC.			
27 30	Archery Meets (5:30-8:30) at the Rice Lake Seventh Day Adventist Church (see full schedule on page 5)			

<u>Platbooks:</u> Platbooks are available for \$30 at the Extension Office.

<u>Cookbooks:</u> 4-H Friends' Cookbook is available for purchase for \$10 at the Extension Office.

**STEM Saturday:** Save the date! Youth in grades 5-8 are invited to participate in STEM Saturday at UW-Barron County. More information coming soon.

<u>Project Discovery Days:</u> Save the Date for the February and March Project Discovery Days (none held in January). February 8 and March 14.

Are you enrolled? Make sure you enroll in all projects to receive the right communications.

Leaders need to be enrolled as well to work with 4-H youth.

### **VOLUNTEER INFORMATION**

### 4-H Volunteer Roles

4-H Volunteers play a crucial role in the Barron County 4-H Program. Barron County 4-H currently has five main volunteer role descriptions. Use these descriptions to see where you fit!

### **Activity/Event Volunteer**

These volunteers provide leadership/organization for an activity or event **and/or** parcticipate as a member of an activity or event committee. They work with youth and adult volunteers to offer a positive experience for youth. Some responsibilities include:

### Adult Advisor/Chaperone

Advisors/Chaperones work with a team of adult advisors and 4-H staff to ensure youth have a safe and positive educational experience.

### **Club Leader**

This role includes Club Leaders, Co-organizational Leaders, Co-General Leaders, Organizational Leaders, and General Leaders. Their role includes working with youth and adults to offer a positive experience for young people and to provide leadership to the club or group organization. Volunteers in this role often take on the role of club enrollment coordinator and provide assistance for members and volunteers who are enrolling in the club or organization. They also ensure the club is expanding access to all youth and create a welcoming environment.

#### **Committee Volunteer**

Committee volunteers work together with other committee volunteers, community leaders, and 4-H Youth Development staff to develop an educational plan to meet program goals. Their overall job is to ensure a positive experience for youth. Some program goals include:

- Recruit adult and youth volunteers and resource people
- Develop a budget for committee (if appropriate)
- Provide committee reports
- Evaluate work done by committee to ensure it aligns with program goals

### **Project Leader**

Project leaders can have a few different job titles, but all help youth members learn new skills and knowledge related directly to their projects. Project leaders can assist members on a club level or a countywide basis. We currently have active countywide projects for shooting sports, leathercraft, dogs, horses, and livestock. Contact the 4-H office if we missed any. The overall role of a project leader is to provide leadership and organization to the project group. The following is a definition for each type of project leader.

- <u>Project Leader An individual</u> who is responsible for running and maintaining the project area, Project Leaders may work with a small group of youth at a club level or may be volunteering at a county level
- <u>Key Leader -</u> An individual who is responsible for the overall coordination of a countywide project
- Resource Leader An individual who assists youth and families in finding resources for their project areas

If you are interested in signing up as a project leader, please do so by signing in to 4-H online and signing up. Don't forget to sign up as a specific project leader and let us know in the 4-H office so we can see if we have youth interested in specific projects.

## **Becoming a New 4-H Volunteer**

Volunteers are the backbone of making Barron County 4-H GREAT! In order to become a new volunteer, you must complete 4 steps.

- 1. <u>Sign-up.</u> Go to <a href="https://wi.4honline.com">https://wi.4honline.com</a> to create a 4HOnline profile (If you already have a family profile, you may sign in with that one and choose to add an adult). Once you create your profile, you will be asked if you are a volunteer or not. Be sure to choose YES, to indicate you are a volunteer and then select your volunteer role and club.
- 2. **Background Check.** Once you complete the enrollment process at 4HOnline, the state 4-H office receives notification and begins your background check. You should look for an email from HireRight sent to the email address you provided when you signed up in 4HOnline. The email will ask for additional information needed. The background check process is faster if you choose to use a different email from a spouse.
- 3. Mandated Reporter Training for Volunteers (online). Back in your 4HOnline profile, you can complete the Mandated Reporter training under the <u>Training Tab</u>. The system will mark it completed, but please print or save a copy of the certificate at the end of the module. If you need computer access, feel free to stop by the extension office.

4. Volunteer in Preparation Training (VIP). VIP training is the last step in becoming a new volunteer. VIP training is throughout the year, but can be completed on an as needed basis. This is required before you can become a volunteer.

Additional trainings are offered yearly and VIP training can be taken more than once (everyone likes a refresher). Online training modules for volunteers called Essential Elements are also available through 4HOnline. If you have questions, please contact the extension office at 715-537-6250.

## **Volunteers In Preparation Training**

Are you a new Volunteer?

Do you want to refresh your Volunteer skills?

Has it been a year (or more) since you were last a 4-H Volunteer?

Did you know that at least one (1) leader/volunteer in your club MUST take VIP training in the 2019-2020 4-H year?

If you answered YES to any of the above, then this Volunteer training is for you!

## **VIP Training Dates**

Monday, January 13
1-3 PM (RSVP by 1/9)
Barron County Government Building
Check-in at Extension Office

Monday, January 13 6:30-8:30 PM (RSVP by 1/9) Online ZOOM

Saturday, January 25
(rsvp BY 1/13)
9:30 AM
As part of the 4-H Café
Info on next page

PLEASE RSVP TO 715-537-6250 OR SARA.WALDRON@WISC.EDU FOR THE January 13 dates by 1/9 for materials.

### **MORE FOR VOLUNTEERS**

Whether you are a current volunteer, or thinking about becoming a volunteer, join in on the opportunity for 4-H volunteers to gather with other volunteers from northwestern Wisconsin to learn together about all things 4-H. On Saturday, January 25th from 9:30a.m.-4p.m. at the Spooner Ag Research Station we will be serving up drinks, food, and most importantly, resources to help 4-H volunteers gain new ideas from one another and share what they love about 4-H.

We will be offering the annual leader training (VIP training) for all volunteers (new and seasoned) and during the afternoon we will have three rounds of guided conversation about 4-H projects, clubs, contests, awards, etc. with share out opportunities between each round and an open space at the end for further discussions and connections.

The cost is only \$10 payable at the door to cover expenses for food and drinks.

Please share information about this event and <u>register</u> <u>by January 13, 2020!</u> To register, via Google Forms, please follow the link: <u>https://forms.gle/</u>
<u>AYKkLTW58PU8uZ2u6</u>

AREA 2 4-H POSITIVE YOUTH DEVELOPMENT



An opportunity to meet other volunteers from northwestern Wisconsin for annual leader training and meaningful, guided conversations. Please come share resources and ideas about club or project activities.



SATURDAY, JANUARY 25, 2020 9:30 A.M.-4:00 P.M.

SPOONER AG RESEARCH STATION
( W6646 WI-70, SPOONER, WI 54801)

REGISTER VIA GOOGLE FORM AT:
HTTPS://FORMS.GLE/AYKKLTW58PU8UZ2U6
BEFORE MONDAY, JANUARY 13TH
FOR MORE INFORMATION OR TO REGISTER VIA PHONE CALL
BETH RANK, BURNETT CO 4-H EDUCATOR AT 715-349-2151.

### **ArtBEAT—GRADES 3-5**

## ArtBEAT Registration is OPEN

Can you hear the BEAT? Here's a reminder that it's time to register for 4-H ArtBEAT for youth in grades 3-5!

4-H ArtBEAT! was created for 4-H members in grades 3-5 and their parents and leaders. It is our Wisconsin 4-H Arts and Communication introductory program at the state level. ArtBEAT! will be held March 13 through 15, 2020, at Upham Woods in Wisconsin Dells. The weekend will feature a look at a variety of arts projects including music, drama, visual arts, and more! Camp check-in begins Friday, March 13 at 6:30 pm and runs through Sunday, March 15 at 11:00 am.

4-H members will have the opportunity to explore their own creativity while discovering a variety of 4-H Arts & Communication experiences available to them now and in the near future. Session leaders will be 4-H older youth, collegiate 4-H members, 4-H adult leaders and 4-H staff members with a wealth of experience to share. Youth and adult participants will rotate through a variety of sessions, which are hands-on and active and held at various sites throughout camp. Along with exploring the "arts," participants will also have a chance to discover Upham Woods! Both youth and adult participants stay in the warm and cozy heated cabins!

Parents are not required to attend, but are invited! All adults attending the camp must be active 4-H leaders who will be considered adult advisors (chaperones) responsible for providing leadership and support for ALL campers. As such, all adults who want to attend the camp must complete the requirements to become a 4-H leader before camp and participate in an Adult Advisor Orientation Teleconference on Monday, March 2 at 7 p.m. Interested adults who are not already active 4-H volunteers should contact their county Extension 4-H Office as soon as possible.

The \$100.00 per person fee (youth and adults) will include all materials and supplies (including a very cool ArtBEAT! backpack), overnight lodging, meals and snacks.

Come join the excitement of this opportunity available to our most enthusiastic and creative 4-H members! REGISTER EARLY-Deadline is January 20! This camp fills up fast and registration is first come, first serve! Upham Woods is able to accommodate 120 participants. Once registration is filled, participants can register to be on a WAITLIST.

IMPORTANT: Please read ALL of the application requirements/instructions at https://fyi.uwex.edu/wi4harts/art-beat-forms/ BEFORE completing the online application at http://wi.4honline.com

# 2020 Barron County 4-H Archery Project Information TRAINING DATES, LOCATION, AND TIMES

The Rice Lake Seventh Day Adventist Church (1779 20 ½ Street, Rice Lake) will serve as our training center. All sessions will be held at the Church on **Monday** and **Thursday** nights from 5:30-8:30 pm. Shooting will start as soon as set-up is complete. \*\*

Note: There will not be Archery on February 18<sup>th</sup> and March 18<sup>th</sup>!

**Thursdays** Mondays January 27 January 30 February 3 February 6 February 10 February 13 **February 17-No Archery** February 20 February 24 February 27 March 2\*\* March 5\*\* March 9 March 12

March 16-No Archery

March 23 – Fair Shoot March 26 – Fair Shoot

March 19

In order for all participants to have enough shooting time, we need help setting-up and cleaningup the range. If we do not have enough help we may need to delay starting shooting or finish shooting sooner. Please plan on helping with either set-up or clean-up. Parents are encouraged to be present at sessions. If you do not stay, please be back to pick up shooters by 8:00.

Project members must **participate in a minimum of five training sessions** to be eligible compete at the fair shoots. Fair Shoots may be done prior to the listed Fair Shoot dates if needed. (Exceptions may be made for extenuating circumstances.)

### **FAIR SHOOTS**

Indoor Shoot – Seventh Day Adventist Church...... Monday, March 23 or Thursday, March 26

Outdoor Shoot - Brill Area Sportsmen's Club .......TBA

### PROJECT FEE

\$15.00 – individual; \$25.00 – Family

**Cancellation** due to inclement weather or for any other reason will be broadcasted over radio stations by 4:00 p.m. Also try Extension Activities Line: 537-6250 - Extension 5

For questions and concerns contact: Jody Roubal – 715-637-5281

Staci Rae - 715-419-2718 Charles Rae-715-651-1364

## **Grandparents Week**

Refreshments will Be Served March 2 and March 5

## **4-H ARCHERY PROJECT**

## EXPECTATIONS AND RANGE PROCEDURES

- Remember that we are guests at the training center. Please make sure:
  - The floor of the center is swept and restrooms and entry way are left clean.
  - Chairs, tables, and brooms are returned to their original location
  - **Do not throw targets away at the church** take them home with you!
  - You express your appreciation for the use of the facility
- Sign in upon arrival at the training center and help set-up.
- Bows brought to the training center must be cased and remain cased until the range has been "set up" for shooting. Bow cases should be kept out of the way of doors, bathrooms, etc.

### **IMPORTANT NOTES**

- Any time anyone calls **CEASE FIRE**, shooting must absolutely **STOP** immediately because something has become unsafe. Any time anyone sees something that may be unsafe that person must call **CEASE FIRE**!
- Arrows must always point down range when nocking and drawing.
- Never cross in front of the firing line for any reason until you hear the commands: "The line is closed you may inspect your targets." Never attempt to retrieve an arrow or equipment dropped in front of the line.
- Goofing off will not be tolerated. First offense will get you one reminder; a repeat offence will result in loss of the privilege of shooting for the remainder of that session. A parent or guardian will need to accompany you to the next session.

## BOW DRAW-WEIGHT LIMITATIONS

- The backstop material has a limited capacity to stop arrows shot from higher poundage bows. In order to limit damage to the facility, no bow will exceed a draw-weight of 50 lbs.
- Bows with a draw-weight so great that the shooter must struggle with the draw or hold pose a danger to the shooter and to others and will not be allowed.

## **USED EQUIPMENT**

An area will be provided to display any archery equipment which you may want to sell or trade. Attach a note to an item offered indicating specifics, poundage, price, and contact information.

## AGE GROUPS, SHOOTING DISTANCE, SHOOTING CATEGORIES

Participants must be enrolled in regular 4-H (3<sup>rd</sup> grade and older). The participant may select one of three shooting categories (may only compete in one category)

- Ages 15-19: Senior -20 yards
- Ages 12-14: Intermediate -15 yards
- Ages 10,11: Juniors -10 yards
- Ages 8,9: **Beginners** 10 yards
- Barebow: No sights, mechanical release, or stabilizers.
- Limited Frestyle: No mechanical releases, nonoptical sights and stabilizers may be used.
- Unlimited Freestyle: Any type of sights, mechanical releases, and stabilizers may be used.

### **RANGE COMMANDS**

### COMMAND: "SHOOTERS TO THE LINE"

Shooters will bring bows and arrows to the shooting line, positioning themselves in front of the target they have hung. If there is a high and low target hung, shooters shooting at high targets will be asked to approach the line first. DO NOT NOCK AN ARROW UNTIL DIRECTED TO DO SO!

## QUESTION: "IS THE FIRING LINE READY?"

If you have a problem say NO! or NOT READY! and raise your hand. Your instructor will be watching from either in front of or behind the shooting line and will respond.

- 1st Repeat of Question: "<u>The Line is Ready?</u>" If you have a problem say NO! or NOT READY! And raise your hand.
- 2nd Repeat of Question: "Ready on the right?"
- 3rd Repeat of Question: "<u>Ready on the left?</u>" If there is not a NO! or NOT READY! response and if your instructor sees no problem, your instructor will confirm the line is ready.

CONFIRMATION: "READY ON THE FIRING LINE." (REMEMBER, DO NOT NOCK AN ARROW UNTIL DIRECTED TO DO SO!)

## COMMAND: "NOCK AN ARROW AND COMMENCE FIRING"

You may now nock, draw, and shoot your first arrow. You will then continue to shoot the remaining 4 arrows at your own command to complete the end of five arrows. When you have completed an end with the shooting of five arrows, retreat back from the firing line to allow others to begin shooting or to wait for others to finish.

QUESTION: "IS ANY MORE TIME NEEDED?" If yes, say YES!

COMMAND: "CEASE FIRE - THE LINE IS CLOSED."

## COMMAND: "YOU MAY INSPECT YOUR TARGET AND RETRIEVE YOUR ARROWS."

WALK to within 3 steps of the targets and stop. If some targets are hung high and some targets are hung low, the shooters with the high-hung targets will pull their arrows first and return to the firing line. The shooters of the low-hung targets will then advance and pull their arrows. **Don't get poked in the eye by an arrow!** 

Reminder: Any time anyone calls "CEASE FIRE," shooting must absolutely STOP immediately because something has become unsafe. Any time anyone sees something that may be unsafe that person must call CEASE FIRE!

### CHECK LIST FOR PARTICIPANTS

## **Before Coming:**

- ☐ Read through the archery project information and identify any questions you may have.
  - Project instructors will discuss and answer questions concerning rules, procedures, commands, safety, techniques, equipment, etc. with participants and parents.
- ☐ Review and become familiar with range safety commands
- ☐ If using your own equipment, inspect it for damage
  - If you have any questions or concerns about your own equipment, speak to an instructor *before* shooting. Damaged equipment will not be allowed.

### What to Bring:

- ☐ Parent or guardian
  - We ask the parents or guardians accompany first year shooters.

• Parents or guardians may (and are encouraged to) stay with shooters during training sessions.

### Bows, arrows, releases, etc. that you plan to use

- If you have questions about your equipment, please ask an instructor.
- Shooters may use compound or recurve bows. Most will use compound.
- Cross bows may not be used at indoor training centers or the indoor or outdoor fair shoots. A separate outdoor cross bow event will be held for interested participants.
- Each shooter should have 5-6 arrows fitted with **target or field tips** only.
- Damaged or unsafe equipment will not be allowed. Inspect your equipment.
- Participants are not required to have their own equipment. If you do not have your own equipment ask an instructor to help fit you with a county bow.
- □ Project fee envelope (\$15 per shooter or \$25 per family)
- ☐ Shooter Information Form including
  - Emergency contact information
  - Any health information leaders need to know to help shooters be successful
  - Any accommodations shooters may need due to disability

## What to Expect the First Night:

- ☐ Brief orientation time for new shooters with an instructor, individually or in small groups
  - An instructor will go over rules, range commands, safety, and procedures with new shooters.
  - An instructor will demonstrate safe shooting stance and techniques with new shooters.

## □ Shooting

- Depending on age and abilities, first year members may begin shooting the first night at a closer distance before moving to the distance they will be shooting for the fair shoot.
- Continuing members will spend most of the time shooting and adjusting sights.

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## Barron County Jr. Leaders



### YOU ARE INVITED!!

(All 4-H members 8th grade and older)

To the Barron County Jr. Leaders meeting, on Sunday, January 26<sup>th</sup>

5pm

At the Barron County Government Center, room 110

Please bring a snack to share (beverages will be provided)

We will play games and get to know each other

We will plan a community service activity (hospice care bags)

We will discuss future projects and activities



For more information contact Angi Guski, Junior Leader Adult Leader, at (715)-821-1206 or Sara Waldron, 4-H Program Coordinator, at (715)-537-6250

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## PROJECT DISCOVERY DAYS

## **December Project Discovery Days**

If you missed out on the Project Discovery Days in December, be sure to save the date for February and March. Project listings and fees come out about 2 weeks prior with registration and money due the week before. Many classes have limited numbers, so make sure you sign up quick. For more information about Project Discovery Days, or if you have a project idea (or want to teach) please contact Joyce Nelson at 715-458-1944.

Here's a look at some of the December projects:



Winter Wreath with Joyce Nelson



Snowman Basket with Jerry & Melanie Donath



**Crochet Snowflake with Ann Staff** 



**Embroidery on Paper with Marilyn Amundson** 

**Upcoming Project Discovery Days** 

February 8 March 14

Watch for Details!

## LIVESTOCK QUIZ BOWL

## 4-H Livestock Quiz Bowl/Skillathon

(Madison) The 4-H Livestock Quiz Bowl and State 4-H Skillathon contests will be held together on Saturday March 7, 2020 at UW Madison Animal Sciences Building, Madison, WI. Deadline for registration is Feb. 21, 2020, 5 p.m. Only emailed registrations will be accepted, mailed registrations will NOT be accepted. The cost is \$12 per youth and due at the time of registration. Registration starts at 9 a.m., competitions start at 9:30 a.m. Teams are encouraged to participate in both contests as they will be occurring at the same time. The planning committee reserves the right to alter schedule if needed to manage both contests effectively.

The teams are divided into three age divisions and teams can consist of 3 or 4 members. The junior division are youth who are under 14 years of age as of Jan.1, 2020. The senior division are youth who are all 14 years of age or older as of Jan. 1, 2020. A mixed team must contain at least one youth from each age division.

Livestock Bowl is a quiz competition where all the questions are about beef, sheep, swine, and meat goat topics and students use a buzzer in order to answer the questions. Teams compete in a double elimination format by giving oral answers to questions posed by a moderator. Each match has both an individual and toss-up question round. The winning 4-H senior team will represent Wisconsin at the National 4-H Livestock Quiz Bowl competition in Louisville, KY at the North American International Livestock Exposition.

Skillathon contest is made up of a written quiz and learning stations such as breed identification, feed identification, equipment identification as well as some team activities such as demonstrating evaluation skills. The top Senior level 4-H team will represent Wisconsin at the National 4-H Skillathon Contest, held each fall in Louisville at the North American International Livestock Exposition.

Competition in Quiz Bowl & Skillathon encourages members to develop a more complete knowledge of animals and related subjects. This contest provides an educational program for all project members, including those who may not own a project animal, and provides a way to develop self-confidence. These programs are a great parallel to some similar programs that breed associations and other organizations conduct such as Junior Cattle Nationals, NJSA (National Junior Swine Association) and the All-American Sheep Show.

For more information and registration information, please contact Bernie O'Rourke, UW Extension Youth Livestock Specialist and contest coordinator at (608) 263-4304, borourke2@ansci.wisc.edu or the Animal Science Youth Website at http://fyi.uwex.edu/youthlivestock/programs/quizbowlskillathon/. You can also "like" Wisconsin Youth Livestock Program on Facebook as well.

Barron County 4-H

## DOG PROJECT KICKOFF 2020 MEETING

Thursday, January 9<sup>th</sup> at 7:00 p.m. – Auditorium, Barron County Gov't Center, Barron, WI

Guest Speaker, Project Handbooks, and a Prize Drawing

This is a **PEOPLE ONLY** meeting! Do NOT bring dogs!

We will **not** be collecting dues or vaccination papers at this meeting. For questions, call Arlene at 715-859-2275.

Additions and changes have been made to the handbook this year.

## **4-H Projects**

Check out the Barron County 4-H Website For updated information On Projects!

Can't find what you're looking for? Let us know!





Tuesdays February 4<sup>th</sup>, 11th, 18th, 25th March 3<sup>rd</sup> and 10th 8:00-9:15 p.m.

Classes will be held ONLINE
Using a FREE Zoom Meeting App

You can join on your computer, tablet, or smart phone from the comfort of your home.

January 28<sup>th</sup> 8:00-8:30pm we will be available so you can check in and practice using the zoom app

Course Cost: \$25 Scholarships are Available Registration Deadline: January 24<sup>th</sup>

To register call 715-537-6254 -or- register online @ https://forms.gle/d9gexPsaugM52Zgs9

### Are you:

- a parent of a child ages 4-7
- an educator or child care provider for young children

Then the Raising a Thinking Child workshop may be just right for you!

This evidence-based workshop series will help you guide children to solve common, everyday problems with decision making and communication skills using their thinking brain. It is a refreshingly practical curriculum that helps you help your child learn <u>HOW</u> to think, not <u>what</u> to think, as they learn to resolve their own problems.

### Participants will learn:

- To give children skills to effectively solve their own problems
- Fun games to help children learn these problem solving skills and consider consequences
- How to help kids care about and understand their feelings and those of others

This program is co-facilitated by **Missy Bablick** (Barron County), **Beth Rank** (Burnett County), **Danette Hopke** (Washburn County) Human Development & Relationship Educators with UW Madison Division of Extension.

12 hours of Continuing Education credit is available for child care providers and foster parents



An EEO Affirmative Action employer, the University of Wisconsin - Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements.

If you require accommodations to participate in this programming, please call Danette at 715-635-4446 as soon as possible





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### **4-H Adult Leader Association Council**

President: Brian Holten (837-1216)

Vice President: Tamala Anderson (419-0421) Treasurer: Diana Bazewicz (641-0926) Secretary: Tanya Riebe 651 (757-5757) Past President: Holly Stoeberl (491-9606)

Northwest Representative: Heather Colburn (357-6404)

Northeast Representative: Staci Rae (419-2718)
Central Representative: Barbara Lancaster (658-1988)
Southwest Representative: Michelle Klefstad (556-9868
Southeast Representative: Kaylee Lemler (764-2484)

Youth Representative: Alleah Anderson

Twitter: @UWEXBarron

General Facebook: @UWEXBarron 4H Facebook: @BarronCounty4H

website: barron.extension.wisc.edu



### **EXTENSION BARRON COUNTY** | Phone: 715-537-6250 | Fax: 715-537-6814

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#### Kathy Splett

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#### **Andrea Gardner**

FoodWlse Educator Andrea.Gardner@wisc.edu

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