



# 4-H Cabin Fever Friday!

May 1, 2020

4-H is an opportunity to try new activities and learn new skills. If you're looking for an idea to pass the time and want to try something new, check out the projects below. 4-H Cabin Fever Friday will be created weekly with a

variety of projects and skill levels highlighted each week. Please remember the social distancing and Safer at Home guidelines while doing these projects. If you would like to take a picture of you or your family doing one of these 4-H projects, feel free to email it to me at [holly.luerssen@wisc.edu](mailto:holly.luerssen@wisc.edu), with the subject line: 4-H Cabin Fever Friday Photo and each family will be entered into a drawing at a later date for some special gifts!

## May Day Celebrations—May 1

### Did You Know?

May Day is a holiday that celebrates the return of Spring that takes place on May 1. People around the world celebrate May Day with festivals or flowers. The maypole is one of the oldest May Day traditions. A maypole is a tree trunk or pole decorated with colorful ribbons. Dancers hold the ribbons and dance around the pole. May Day is not an official holiday in the United States.

In addition to the maypole, another tradition is the giving of May Day baskets. Children make the baskets out of paper and fill them with flowers. They then bring the baskets to their neighbors' homes. They leave a basket at the door, knock, and then hide while the neighbor answers.

<https://kids.britannica.com/kids/article/May-Day/390805>



UW-MADISON EXTENSION

Langlade & Lincoln Counties

**4-H Project Area:** Holidays & History

**Life skill:** Caring For Others

**Time:** 30-60 minutes

### Supplies For Making A Paper May Day Basket

- 8 1/2" X 11" heavy (card-stock weight) paper
- wrapped candy for the flower centers
- double sided tape or a glue stick
- scissors
- long craft sticks, straws, or pipe stem
- a small piece of ribbon or string for attaching the tag

### Make Your Own May Day Basket To Share

- Download a template from <https://www.skiptomylou.org/wp-content/uploads/2010/04/PaperMayDayBasket.pdf>
- Or, create your own by cutting a cone out of the paper, creating flowers and attaching the candy to the center of the flower. Finish your basket with a personalized note.
- Alternative: Plant a small pot of beautiful flowers and deliver that to someone special.



While spreading joy as you deliver the May Baskets this weekend, please follow the physical distancing regulations.

### Recommendation:

Hang the baskets on the door knob or drop the basket by the door. Ring the doorbell and leave. Do not forget to wash your hands or use sanitizer in between visits.

# Instant Jellyfish

FROM: Aggie Adventures—Island Adventure  
Utah State University

## Supplies:

- ◆ 2 clear plastic bags
- ◆ Water
- ◆ Food coloring
- ◆ Bag ties

## Objective: To learn about jellyfish and make your own jellyfish



## What to Do:

1. To make the body, fill one plastic bag full with water and add a few drops of food coloring.
2. Add just a little water to the second bag and push it inside the first to create the stomach of the jellyfish.
3. Tie the two bags together with a bag tie and carefully turn the bags over. Tuck in the corners of the bags.
4. Place your jellyfish model in a basin of water and watch it float.

## Reflect:

- How did we get our fish to float?
- Would it work if we used bigger bags?

## Apply:

- Jellyfish, or sea jellies, are really not fish at all. These animals drift through the sunlit zone without the back bones, gills or scales that fish have. Instead, jellies get their name for their soft, squishy bodies, which would feel like liquid-filled plastic bags. And they are liquid filled; sea jellies are made up of about 95 percent water.



# Rain Gauge

Be Your own Meteorologist

**Objective:** To learn how to make a rain gauge and how to use it.

**Time:** 30 Minutes

## Supplies:

- A clear plastic soda bottle
- A pair of scissors
- A permanent marker with a sharp point
- Small stones or aquarium gravel
- Water
- Ruler

## DO:

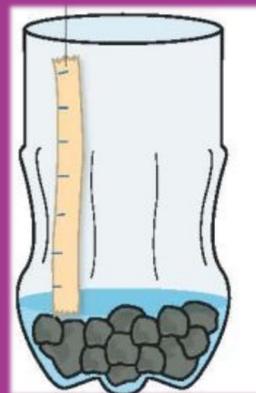
1. Cut off the top of the bottle (you may want adult help).
2. Fill the curved part of the bottom of the bottle with small stones or aquarium gravel. This will weight your rain gauge to keep it from falling over.
3. Pour enough water into the bottle to cover the stones. Use the marker to draw a line at the top surface of the water.
4. Mark '0' next to the line. This is the baseline.
5. Use the ruler and marker to measure 1, 2, and 3 up the bottle from the baseline. Draw a line at each inch mark and label the lines (Tip: you may want to empty the water out of the bottle before doing this, so you can lay the bottle on its side to measure)
6. Use the ruler and marker to measure and mark  $\frac{1}{2}$ ",  $1\frac{1}{2}$ ", and  $2\frac{1}{2}$ ".
7. If you want to make your rain gauge more accurate, use the ruler and marker to measure and mark  $\frac{1}{4}$ ",  $\frac{3}{8}$ "

## REFLECT:

- What kind of people do you think use a tool like this?
- Where do you think would be somewhere that gets a lot of rain?

## APPLY:

- Have heard on the weather channel that an inch of rain fell in the last storm or a half-inch of rain might fall? A rain gauge is a tool that measures the amount of rain that falls.
- Your rain gauge can be used to find out how much water falls in your yard (or anywhere else) the next time it rains.



Source: Aggie Adventures  
for Kids  
Utah State University  
Cooperative Extension

An AA/EEO employer, University of Wisconsin-Madison provides equal opportunities in employment and programming, including Title VI, Title IX, and the Americans with Disabilities Act (ADA) requirements.

La Universidad de Wisconsin-Madison, un empleador con igualdad de oportunidades y acción afirmativa (EEO/AA), proporciona igualdad de oportunidades en empleo y programas, incluyendo los requisitos del Título VI, Título IX, y de la Ley para Americanos con Discapacidades (ADA).